

WEST

West Nile Virus

is an illness spread by mosquitoes. Sometimes it can cause serious infection of the brain.

SYMPTOMS

- Headaches
- Body Aches
- Swollen Lymph Glands
- Fever
- Rash
- Vomiting

Call your doctor right away if you have these symptoms.

TREATMENT

There is a blood test to help doctors find out if a person has contracted the West Nile Virus. After finding out you have contracted the virus infection, there are no shots or medicines to stop or treat this Virus. People with this severe Virus infection may need to go to the hospital.

WAYS TO PROTECT YOURSELF TO PREVENT MOSQUITO BITES

- Use bug spray. Look for "Permethrin" or

"Deet" on the label. Do not use on sunburned skin, cuts or rashes.

- If you use bug spray, wash your clothes before you wear them again.
- Get rid of standing water in pots, buckets, barrels and tire swings). Why? - Because mosquitoes breed in standing water.
- Keep children's wading pools empty when not in use.
- Stay inside during times when there are a lot of mosquitoes: during evening, dusk, and even until dawn.
- When outside wear long sleeves shirts and long pants.
- Put screens on your windows and doors.
- Don't wear perfume or cologne when you go outside for a long time.
- If you find a dead bird, call your local Health Department.

Bless the Lord, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Psalms 103:2-3