PITWM

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WHAT IS THE ALL ABOUT?

You've probably heard these words before, but they caught my attention. If you need to know how good

God is or how He's provided for you in the simplest things, take these words to heart.

When I woke up this morning I asked myself, "What is life about?" I found the answer in my room...

The fan said, "Be cool."

The roof said, "Aim high."

The window said, "See the world!"

The clock said, "Every minute is precious."

The mirror said, "Reflect before you act."

The calendar said, "Be up to date."

The door said, "Push hard for your goals."

And...

The floor said, "Kneel down and pray.

This is a reflection of life in the

simplest way even before you get out of bed. Even better when you do decide to get on your knees and pray, remember Ps. 103—Bless the Lord O soul, Bless his holy and wonderful Name with all your heart first, lest you forget all His benefits. You see the fan, the roof, the window, the clock, the mirror, the calendar, the door, and the floor had spectacular encouragement to get you started for the day, but what you'll need for life will begin in the Bible. Tell your soul to bless the Lord and bless His holy Name! Wow, is it that simple? Yes, its affirming what the book says!

Secondly, don't forget His benefits. Life has its benefits, but the Lord surely has more! Jesus Christ made it possible. There are plenty of ups and downs, but His benefits will take us a long way when we begin to affirm them back to yourself; speak them into your existence! To name a few in Psalms103...

- 1. He forgives all my sins.
- 2. He heals all my diseases.
- 3. He redeems my life from destruction.
- He crowns me with lovingkindness and tender mercies.
- 5. He satisfies my mouth with good things.

- 6. My youth is renewed like the eagle.
- 7. He gives justice to all who are treated unfairly.
- 8. He made known His ways to the Children of Israel.
- He is merciful, gracious, slow to anger, and plenteous in mercy.
- He never bears a grudge, nor remains angry forever.
- 11. He has not punished us as we deserve.
- 12. He has removed our sins as far away from us as the east is from the west.
- 13. He is like a father to us, tender and sympathetic to those who reverence Him.

There are many more benefits the Lord has blessed us with, so as we start the day, life is all about allowing the Word of God to lead the way in our day. God continues to work in our lives as we bless Him; as we keep Him ever before us, and as our soul lay prostrate before Him as the day begins. **God Bless!**

INSIDE THIS ISSUE:

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Editor's Words: What Is Life All About?	1
Benefits of Peroxide Psalm For The Employee	2
Mission / Vision	3



fungus on my

- 1. Take one capful (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. No more canker sores and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.
- 2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.
- 3. Clean your counters, table tops with peroxide to kill aerms and leave a fresh smell. Simply put a little on your dishrag when you wipe or spray it on the counters.
- 4. After rinsing off your wooden cutting board, poor peroxide on it to kill salmonella and other bacteria.

feet for years—until I sprayed a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.

5. I had a

- 6. Soak any infections or cuts in 3% peroxide for five to ten minutes several times a day. My husband has seen gangrene that would not heal with any medicine, but was healed by soaking in peroxide.
- 7. Put two capfuls into a douche to prevent yeast infections. I had chronic yeast infects until I tried this once or twice a week.
- 8. Fill a spray bottle with a 50/20 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like

- bleach or most other disinfectants will.
- 9. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold, plugged sinus. It will bubble and help to kill the bacteria. Hold for a few minutes then brow your nose into tissue.
- 10. If you have a terrible toothache and can not get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for ten minutes several times a day. The pain will lessen greatly.
- 11. And of course, if you like a natural look to your hair, spray the 50/50 solution on your wet hair after a shower and comb it through. You will not have the peroxide burnt blonde hair like the hair dye packages,

- but more natural highlights if your hair is a light brown, faddish, or dirty blonde. It also lightens aradually so it's not a drastic change.
- 12. Put half a bottle of peroxide in your bath to help rid boils, fungus, or other skin infections.
- 13. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. it there is blood on clothing, pour directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

It's a little brown bot-

DSALM FOR THE EMPLOYE

(For the Work Place)

The Lord is my real boss, and I shall not want. He gives me peace, when chaos is all around me. He gently reminds me to pray and do all things without murmuring a n d complaining.

He reminds me that He is

my source and not my job. He restores my sanity everyday and guides my decisions that I might honor Him in all that I do, Even though I face absurd amounts of e-mails, system crashes, unrealistic deadlines, budget cutbacks, gossiping workers, discriminating su-

pervisors and an aging body that doesn't cooperate every morning, I still will not stop--- for He is with me! His presence, His peace, and His power will see m e through.

He raises me up, even when they fail to promote me. He claims me as His own, even when the company

threatens to let me go. His Faithfulness and love is better than any bonus check.

His retirement plan beats any 401k there is! When it's all said and done, I'll be working for Him a whole lot longer, and for that I BLESS HIS NAME!!! For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12.

MY MISSION: Reach and encourage others in letting you know that God is able to do the impossible.

MY VISION: Articles to be written in a Book to inspire others.

IT CAN HAPPEN

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b MY MISSION: Use this God-given gift for His glory! $\underline{\text{MY VISION}}$: Teach others to reach for those God given |f|i|g|u|r|e. gifts in them!

Stepfa-**About Father's Day** thers, uncleas, grandfa-

Do you ever wonder how Father's Day got started? It all started because a lady wanted to thank her father for all he had done for her and her family.

The first Father's Day in United States was celebrated in Spokane Washington on June 19, 1910. It was proposed by Mrs. John B. Dodd in 1909. Her father, William Smart raised six children alone after his wife died in childbirth (when his wife died in childbirth with their sixth child). He was also a civil war veteran.

It wasn't until 1966 that Father's Day was declared a national holiday in the U.S. (President Lyndon B. Johnson signed the proclamation declaring 3rd Sunday of June as Father's Day) and it wasn't until 1972 that the special day happened every year.

It has become a day to not only honor fathers, thers, godfathers, and adult male friends all play apart in fathering and thus they deserve to be honored on Father's Day.

Fathers are very special, so special that they are mentioned in the Bible. the Bible is like an instruction manual for us, it gives us instructions on how to treat our father.

Do any of you know what the ten commandments are? They were rules that God gave to Moses for all of us to follow. Each commandment is very important and God gave each commandment for a reason. One of the commandments says: Honor your father and you mother, so that all may go well for you and that you may enjoy long life on the earth.

What does honor mean anyway? Honor can mean many things. When we listen, obey, love, appreciate, and forgive our dad that is how we honor him.

On The Web—pitwm.net

DATES TO REMEMBER 2015

MAY 28 Last Day of School **JUNE 14** Flag Day

JUNE 19 Juneteenth (Emancipation Proclamation)

Father's Day JUNE 21

but all men

who act as

father

First Day of Summer JUNE 21

> means when he asks you to do something you should do it right away without complaining.

> When you show you love your dad by hugging him and telling him that you love him that's another way to honor him. You can also appreciate your dad by thanking him when he does things for you (driving you to soccer practice or music lessons, etc.).

Our dads won't be perfect all the time, we all make So we should mistakes. forgive our dads when they mistakes make because God asks us to.

Some other verses in the Bible ask us to listen to our father's instruction and by doing this you will learn to have discipline and understanding. That means that when your dad gives you advice or warns you about something its important to listen. Your dad was a kid once too and knows lots of stuff because he has lived longer than you.

So if your dad asks you to hold his hand when you cross the street it's because he knows it can be dangerous because of all the cars. It's also why sometimes dads have to say "no" to things. If your parents always let you do everything you want you would never get any sleep and eat lots of candy, but our dads know that isn't healthy for you.

The last verse we're going to talk about today says: Children, obey your parents in everything, for this pleases the Lord. I know that sometimes you don't always want to obey your parents but it's important that you obey them because it makes God happy!

One last thing. No matter how old you get your dad is your dad. Sometimes you might think that you can talk back to your parents or that you know more than them, but you don't. The Bible says to obey your parents always, not just when you're a kid. Your parents want the best for you and know what they're talking about.

Don't forget that we also have a heavenly father that cares and loves us no So if you matter what. don't have a father around all the time (or even if you do) God is the father of all fathers. He is there when your father can't be.

1-http:// www.dltkbible.com/cv/ fathers day.htm