



MARCH 2013



# P. I. T. W. M

EDITOR'S WORDS BY  
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## A MISSION THAT'S NOT IMPOSSIBLE



This is the time we have come to **"Celebrate the Resurrection"** of our Lord and Savior Jesus Christ!

Jesus had been placed in a borrowed tomb. It was sealed so He couldn't get out and no one could come and steal His body. And now the women have come back to anoint His body with the spices for burial.

It was the first day of the week, very early in the morning; the sun had not even come out; it was still half-way dark at the gravesite and the women really needed someone to remove the stone that was set in front of Jesus' tomb, so they thought. They get to the tomb to find the stone had already been rolled away. I know in their imagination they're wondering what's going on?; who moved the stone? And this would have been an impossible job for the women to do, but not impossible for God's celestial beings!

In Luke's instance there were two men in shining garments standing by the tomb. **"And they entered in, and found not the body of the Lord Jesus"** Lk.24:3.

Jesus had already predicted His death and resurrection by telling the Jews, **"Destroy this temple, and in three days I will raise it up Jh.2:19."** The Jews were saying, it took 46 years (v.20) to build the temple, which caused them to really not understand that statement. Really, how would He rebuild the temple back to its originality in three days? They thought it was their synagogue (a building) that Jesus was referring to, but it was His body! This was not impossible for the Father! God had prepared all things needed for His Son's return.

Earlier, Jesus had said, **"Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt"** Matt. 26:39b. Again, this was not an impossible feat for Jesus for He had put all things in the Father's hands. He obeyed and stayed the course! If we would just put all things in the Father's hands, the Son becomes what we need, and His Holy Spirit's power does the rest by giving us the power to be overcomers of what we thought to be impossible! Jesus is able and available to do all things well, even things we call impossible.

Well, the angels tell the women not to look for the living among the dead; He was not there because **He is Risen**; He is alive! Remember His Words? (Lk.24:5, 6). When we're in trouble do we remember Jesus' Words? For when they remembered, they believed!

This mission was not impossible for God to bring His Son from the tomb and it was not impossible for Jesus to accept this mission. And it's not impossible for God to bring us through the situations we're in now, if we would just give it to Him as we remember His Words.

The angel summed it up: **"All of this had to happen. He had to be delivered into the hands of sinful men. He had to be crucified. He had to rise on the third day"** (Lk.24:7). Therefore, **This mission was not impossible for Jesus!, making it not impossible for us to accept a mighty God like Him to receive as Lord and Savior!** Jesus has completed His mission! to make all things possible for us. He's just that good!

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**"THE RESURRECTION OF CHRIST!"**

# PROCLAIM THE MESSAGE

2 Timothy 2:1-3; 4:1-5

Moses had Jethro; Joshua had Moses; Apollos had Pricilla and Aquila; And Timothy had Paul. These are some who had good examples, mentors and leaders. Paul knew that Timothy had a good foundation from his mother Eunice and his grandmother Lois. He knew they were Jews but his father was Greek. He knew he would be equipped for the journey to go with him.

So the primary object of Paul's letter was to strengthen Timothy so that he would **endure** in the face of opposition from the false teachers, **encourage** others to carry on the gospel ministry, and **train** others who would take up that ministry after Paul is gone.

One of our teachers at church, Sis. Moore would always say, to get a child's attention about a story, you say, "**Once upon a time.**" Well Paul gets Timothy's attention with encouraging words...**be strong in the grace that is in Christ Jesus.**

Apostles, Prophets, Evangelist, Pastors, Teachers, who edify the church, can never make anyone accept what they say. However, when using God's Word with an humble spirit, it gets across, because you've got to remember that *God looks after "His Word" to perform it.* And believe me, whatever Word you have planted into someone's heart, *God gives the increase* and brings it to fruition. That's why an encouraging Word will go farther than our drama.

In Timothy chapter 2, is a call to

service. He says you are a son and you are a soldier.

As a son he's encouraged to be strong and what you've learned as a son, commit to faithful men. Teach somebody else. Timothy could trust what Paul taught.

Now as a soldier, endure hardness because there will be obstacles.

There are three phrases to remember in **verses 1-3 ----be strong ---- teach others ---- endure hardness.**

- The strength will come from God in the power of **His** might, not ours.
- You teach from what's been taught, and you learn by the power of God's Holy Spirit. The Spirit is the teacher and teaches from the Word of God!
- To endure hardness as a good soldier will comes with its trials and temptations. Hardship may be when people will pull away from the truth but you've got to know, that **"ye shall be hated of all men for my name's sake: but he that endureth to the end shall be saved" Matt.10:22.**

The 4<sup>th</sup> Chapter gave a *charge to Timothy before God and the Lord Jesus Christ, who will be our final judge.* **"Preach the Word; be instant in season, out of season; reprove, rebuke, exhort with all long suffering and doctrine"(v.2).** Timothy is charged to pass on what he has learned from Paul, to others who will in turn pass it on; being, a ripple affect. Paul took opportunities to preach the Word in the market-

places, academies, councils—Jewish Sanhedrin, courts, prisons, the temple, and synagogues.

Our platform may be the grocery stores, nursing homes, prisons, workplaces, street corners, storefront places, beds of affliction, telephone conversations, letters, or e-mails. We all are vessels to be used for God's opportunities to proclaim the message of the Good News. Paul knew Timothy couldn't change things overnight. This is still true even for us.

The gospel is to be freely given to truly save lost souls. No man is saved to sit. He must be on fire to save his fellow man.

- We must study more and more.
- We must allow scripture to stir us up more and more, so that we will reach out to minister and therefore see God save more and more souls.

People who don't want to hear the truth will create problems, that's why it says in verse 4 **"And they shall turn their ears from the truth and shall be turned unto fables"** (myths, man-made fictions). The Lord admonishes the preacher to deal with sin, both in the lives of the sinner and the saint proclaiming the Good News; that we, as witnesses will have the opportunity to proclaim the message of the Good News without offense, and thereby, do the work of an evangelist. Timothy's lesson is our lesson today!

The message of eternal salvation came through Jesus Christ, that man can live both now and forever with God. **"Wherefore come out from among them, and be ye separate, saith the Lord..."**

**This is Proclaiming the Message!  
God Bless**

November 18, 2008  
Revised March 2013

# LOW BACK PAIN

**BACK PAIN** — Most Americans will have a back injury or pain some time during their lives.

## CAUSES OF BACK PAIN

Back Pain can be caused by inflammation of joints, muscles, or ligaments.

**Acute Low Back Pain** is also called lumbar muscle strain or backache. Although quite painful, it usually improves after a few days of simple treatment.

**Acute Sclatica** is known as Disc Pain or radiating leg pain. Sciatica pain is often caused by nerve irritation from disc in the lower back.

**Chronic low back pain** and **Sciatica** are conditions of long lasting back pain. If you have pain for

more than 6 weeks, more medical evaluation is needed.

## SELF CARE

- Moderate activity is helpful, so exercise regularly.
- Use cold packs for 20 minutes (3 to 4 times) a day during the first few days of a muscle sprain or spasm
- Maintain good posture to keep your body's weight aligned and reduce stress on the back muscle.
- Lying on your back with a pillow under your knees or lying on your side with a pillow under your knees between your lower legs can ease pain so you can sleep.
- Maintain a healthy weight. Excess weight puts added stress on the back.
- Avoid lifting heavy objects and repeated bending and twisting.

- Change positions often during the day and use a chair with good lower back support.

- Try not to reach for objects that are above your head. Use a step stool or a device that helps you reach objects on higher shelves. Store items that you often use on lower shelves

## TREATMENT

- Muscle relaxers can be used during the first few days to ease muscle spasms.
- In some instances, steroid medications may be used.
- Physical therapy may be prescribed by your doctor if you have severe incapacitating pain for more than 1 or 2 weeks.
- Call your doctor if you experience temperature over 100° for more than 48hrs.; no improvement of

## Health Awareness Wellness For Life From The Kelsey Korner by Sis. Esther Corners

the pain after 3 days of self-care,; nausea, vomiting, painful or frequent urination; and pain traveling down your leg, or arm with numbness or paralysis of lower limb.

Matthew 8:1-3

*When he was come down from the mountain, great multitudes followed him, and behold there came a leper and worshipped him, saying Lord if thou wilt, thou canst make me clean. And Jesus put forth his hand and touched him saying I will be thou clean and immediately his leprosy was cleansed.*

*Sis. Esther Corners 3/2013*

## POWER IN PRAYER



Father, You Great and Greatly to be Praised! I honor and bless Your Name as I rise and go throughout this day. You have done so much for my family and I and all that I'm reminded to pray for. Forgive me of my sins and trespasses. Keep my life centered in Your Will that I

may be quick to hear, slow to speak, and slow to wrath. My hands are lifted to Praise You; my feet will shout to the glory of God; my eyes will view Your Word; and my heart will love as You desire.

Help the body of Christ to live and love as being a part of Your branches reaching out to lost souls. Help us to be observant to care with compassion. May we steer away from our negative

actions; our old nature, and begin to look for the good you have created in ourselves and in others, by calling those things that be not as if they are. By doing so, we will begin to see that change come to pass in us and in others because we spoke and declare Your Word. There is nothing You cannot do when we have the faith to be believe in You are who you say You are, Praise God!

May our testimony be: "I am a kingdom worker for the Love of Christ! The blood of Jesus covers my heart, body, and soul. All souls will be glad to talk about Jesus' Good News which will draw them to Salvation! I will begin to plant, others will water, and You will give the increase! Thank You Lord! And Thank You as You Cover us, Protect us, and fulfill in us, in Jesus' Holy Name. Amen!

## POWER IN THE WORD MINISTRY

For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12.

**MY MISSION:** Reach and encourage others in letting you know that God is able to do the impossible.

**MY VISION:** Articles to be written in a Book to inspire others.

## IT CAN HAPPEN

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b

**MY MISSION:** Use this God-given gift for His glory!

**MY VISION:** Teach others to reach for those God given gifts in them!

## BIBLE QUIZ

### Quiz: Jesus' Disciples

- Before he was a disciple, Matthew was a:
  - Pharisee
  - Beggar
  - Fisherman
  - Tax collector
- Peter, the disciple of Jesus, had a brother named:
  - John
  - Thomas
  - Nathanael
  - Andrew
- How did Judas, the betrayer, die?
  - He was killed by Peter
  - He hung himself
  - He was crucified
  - He was exiled and died alone
- Who was chosen by the other eleven to replace Judas?
  - Bartholomew
  - Paul
  - Matthias
  - Barnabas
- Who healed the lame man laying at the gate of the temple Beautiful?
  - Paul
  - Peter
  - Stephen
  - Matthew
- Who raised Dorcas (Tabitha) from the dead?
  - Paul
  - Peter

**Quote**  
 "WE THE WILLING, LED BY THE UNKNOWN, ARE DOING THE IMPOSSIBLE FOR THE UNGRATEFUL. WE HAVE DONE SO MUCH, WITH SO LITTLE, FOR SO LONG, WE ARE NOW QUALIFIED TO DO ANYTHING, WITH NOTHING."

MOTHER TERESA OF CALCUTTA

## Scripture

'But without faith it is impossible to please him: for he that comes to God must believe that he is, and that he is a rewarder of them that diligently seek him.'" Hebrews 11:6

- Stephen
  - Matthew
- Which of these disciples of Jesus used to be a disciple of John the Baptist?
    - Nathanael
    - Judas
    - Nicodemus
    - Andrew
  - Who said, "Can there any good thing come out of Nazareth?"
    - Nathanael
    - Bartholomew
    - Philip
    - Zaccheus
  - Which disciple did not want Jesus to wash his feet?
    - John
    - Bartholomew
    - Andrew
    - Peter
  - Which disciple did Jesus see sitting under a fig tree?
    - Peter
    - Nathanael
    - Simon the Zealot
    - Philip

### Quiz: Jesus' Resurrection

- Because Jesus had said he would rise again, Pilate set a watch over the tomb at the request of...
  - The Saducees
  - The Zealots
  - The chief priests and Pharisees
  - The Scribes
- Why did Mary Magdalene, and Mary the mother of James come to the tomb when the Sabbath was past?
  - To see if He had risen.
  - To anoint Him with sweet spices.
  - To make sure the tomb was sealed.
  - To mourn for Jesus.
- The wife of Zebedee and the mother of the apostle James the elder and John came to the tomb. Who else came with them?
  - Salome
  - Elisabeth
  - Another woman named Mary.
  - Martha
- Who told Mary that Jesus was not in the tomb, but He had risen?

## DATES TO REMEMBER 2013

- Mar. 10 Daylight Savings Time  
 Mar. 24 Palm Sunday  
 Mar. 29 Good Friday

THE WEB  
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- The guards.
  - An angel.
  - Peter.
  - God told her in a dream.
- To whom did Jesus first appear after His resurrection?
    - Mary Magdalene
    - His mother Mary
    - Peter
    - Matthew
  - As the women went to tell Jesus' disciples that Jesus had risen, who did they meet on the way?
    - Pilate
    - Peter
    - Jesus
    - Thomas
  - What was the disciples response when they were told that Jesus had risen?
    - They didn't believe it.
    - There was much joy and rejoicing.
    - They ran to the tomb to see for themselves.
    - We aren't told.
  - The soldiers that had been guarding the tomb re-ported that the disciples had stolen Jesus' body. Why?
    - Because they were given money.
    - Because they were afraid for their lives.
    - Because they were sure that was what had happened.
    - We are not told why.
  - Where did the disciples first see the risen Jesus?
    - Cana
    - Galilee
    - Bethany
    - Jerusalem
  - Which disciple said he would not believe Jesus had risen unless he could see the nail marks in his hands?
    - Andrew
    - James
    - Peter
    - Thomas
  - The last words that Jesus spoke on the cross were:
    - It is finished.
    - Father, into thy hands I commend my spirit.
    - Father forgive them, for they know not what they do.
    - I thirst.