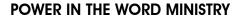
FEBRUARY 2015



IVESTING INTO OTHERS

Early in Jesus' ministry, Jesus used trees to symbolize the danger of spiritual fruitlessness:

> "Every sound tree bears good fruit, but the bad tree bears evil fruit. . . . Every tree that does not bear good fruit is cut down and thrown into the fire. Thus you will know them by their fruits" (Matthew 7:17 - 20; 12:33; Luke 6:43 - 45).

> We know that the sun. the rain, and soil are great investments in the nature of growing plants and trees. God sends the sun, the rain, and have placed the trees in good soil for life, not to dry them up because fruit will be produced on those trees, until He gets ready to uproot them for His purpose.

> A bad tree cannot produce good fruit and a good tree cannot produce bad fruit! Whatever is planted will be produced. Can a tree become confused as to what it is to produce? No, but people can. If they don't feed on the right things, they will not bear the right fruit that God desires them to have.

> We are known as sheep; and sheep have to be led to the right foods; down the right

paths; and most of all back to the Shepherd's voice.

The Shepherd has invested His life for others. Now, it's time for us to keep that investment going. You know how a mother takes time to teach, guide, and love; their children; and how a teacher invests in their students when entering school; and how they go above and beyond at certain times in their lives for them? That's how we are to invest into other lives! Some will go down the wrong path and someone needs to come in mentor them back to the potential they can be. People do that because they have had someone else to do that for them. They know what it means. It takes a heart of compassion to walk in those shoes; speak into other people's lives; it takes love to fulfill a need. Well you say there are people who are not Christians that will lend a helping had to others quicker than a Christian. You might be right, but what does that say about the Christian who God wakes up every morning and does nothing to help someone else on this earth? Yes, when a Christian doesn't do what they are supposed to do, God will use a heathen, a drunk, a prostitute, or whomever He chooses to get His purpose into play.

It starts when someone takes the time to care for others. It

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starts when you think a person needs guidance, young or old. What we do for others demonstrates what we really think about Jesus. He says feed the hungry, give a place to stay to the homeless , visit the sick, feed my sheep with the Word of God. That's investing into others!

I've learned from many instances and many experiences that all does not go well all the time when investing. Even so, Jesus didn't give up. And that teaches me to not give up when truth is implanted within me to give.

People tend to be so guarded and prideful when they need something, even in church settings. That's why the Holy Spirit has to place the person on your heart that's receptive to the need you can supply. I admonish you to *Trust in the Lord with all your heart and lean not to your own understanding, but acknowledge God in all your ways, so He can lead your path to invest into others.* God Bless!

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Word Search

Matthew 13:1-9 "That same day Jesus went out of the house and sat beside the sea. 2 And great crowds gathered about him, so that he got into a boat and sat down. And the whole crowd stood on the beach. 3 And he told them many things in parables, saying: "A sower went out to sow. 4 And as he sowed, some seeds fell along the path, and the birds came and devoured them. 5 Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, 6 but when the sun rose they were scorched. And since they had no root, they withered away. 7 Other seeds fell among thorns, and the thorns grew up and choked them. 8 Other seeds fell on good soil and produced grain, some hundredfold. a some sixty, some thirty. 9 He who has ears, let him hear"(ESV).

The first thing I notice about this verse is that Jesus went out. We can't expect to see the miracles He has in store when we sow seeds into other people unless we go to them. All Jesus did was go to the sea and sat down, and a great crowd gathered around them. That really reminds me of a time I went to the Nursing Home to see one of the residents I know that was apart of our church. I would go to her room and read scriptures, then one day I just said, let's go to the dining room area. I started reading the bible, and lo and behold, other residents started to come to the table. It was like the Word just drew them over to the table. That began the open door that God opened. I began to sow seeds into these people's lives for 3yrs. After some time of sowing these seeds, I wondered were they getting it, because some seemed despondent. But God, let me say that again, **But God**. He will show you every time that what you're doing is working!

I went to the Nursing Home the next day after asking God that very question. I thought some didn't understand. So, one of the residents came up to me and asking me about the Five Finger Prayer I taught them. I was really surprised when this resident went through the prayer. She only foraot one. That's how God showed me that He can work through those who just go. He's the Overseer

of that Word! "A sower went out to sow. Will you be that sower to sow the Word of God?

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Some seeds fell along the path. You've got to remember in the Nursing Home, their minds are not what they used to be with all the medicines given to them for their sickness. The medicines come to devour what they had just heard, but the Holy Spirit can bring back to their remembrance of what was spoken years back from that part of the brain that it had been stored in! The miracle is in the Spirit!

Other seeds fell on rocky ground. The Word was heard but had no depth to keep it internally in their heart. They were just glad someone came to see them. And like a merry-go-round, hardness, unforgiveness, hurt, depression scorched it as it played over and over in their minds. So the seeds of the Word could not survive. Those rocks have to be chipped away with the Word of God continually, so the Word's full potential can be received. I'm talking about those seeds sown to some in the Nursing Home. Jesus has not forgotten about them. He will never leave them along. He will continue to send those who

are willing to go.

P. I. T. W. M.

Other seeds fell among thorns. I've seen some patients just wander in and out of the room where the Word is going forth. They just seem too busy wandering that they can't stay in one place and therefore, they hear the Word as it goes in and out the other ear. The Word of God gets choked out because their eye is gazing on something else; something else has sprung up, therefore blocking the Word. We have to spend time with God for the seed of the Word of God to be fruitful.

Other seeds fell on good soil. I must admit, there are some that have good remembrance in the Nursing Home. I'm talking about those that are pretty elderly— up in age. It's amazing, they can still quote the scripture; they still know the hymns; they know about their family. The seeds that have been sown long ago are still there, and now they are receiving more seeds. The miracle of the seed respond to the Spirit of God. Those that go to the Nursing Home have labored in their commitment unto Con't on page 4

<u>P.I.T.W.M.</u>

Laughter Is The Best Medicine

Authors: *Melinda Smith, M.A., and* Jeanne Segal, Ph.D. Last updated: December 2014.

Humor is infectious. The sound of roaring laughter is far more contagious than any cough, sniffle, or sneeze. When laughter is shared, it binds people together and increases happiness and intimacy. Laughter also triggers healthy physical changes in the body. Humor and laughter strengthen your immune system, boosts your energy, diminish pain, and protect you from the damaging effects of stress. Best of all, this priceless medicine is fun, free, and easy to use.

Laughter Is Good For Your Health

- Laughter relaxes the whole body. A good, hearty laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes after.
- Laughter boosts the immune system. Laughter decreases stress hormones and increases immune cells and infection-fighting antibodies, thus improving your resistance to disease.
- Laughter triggers the release of endorphins, the body's natural feel good chemicals. Endorphins promote an overall sense of well-being and can even temporarily relieve pain.

Physical Health Benefits Of Laughter:

- Boosts immunity
- Lowers stress hormones
- •Decreases pain
- Relaxes your muscles
- Prevents heart disease

Mental Health Benefits:

•Adds joy and zest to life

• Eases anxiety and fear

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- Relieves stress
- Improves mood
- Enhances resilience

The Link Between Laughter and Mental Health

•Laughter dissolves distressing emotions. You can't feel anxious, angry, or sad when you're laughing.

- Laughter protects the heart. Laughter improves the function of blood vessels and increases blood flow, which can help protect you against a heart attack and other cardiovascular problems.
- Laughter helps you relax and recharge. It reduces stress and increases energy, enabling you to stay focused and accomplish more.
- Humor shifts perspective, allowing you to see situations in a more realistic, and less threatening light.

Checklist For Lightening Up

When you find yourself taken over by what seems to be a horrible problem, ask these questions:

- Is it really worth getting upset over?
- Is it worth upsetting others?
- Is it that important?
- Is it that bad?
- Is the situation irreparable?
- Is it really your problem?

Laughing With Others Is More Powerful Than Laughing Alone. Creating Opportunities To Laugh.

- •Watch a funny movie or TV show.
- •Go to a comedy club.
- Read the funny pages.

•Seek out funny people. •Share a good joke or a

funny story.

- •Check out your bookstore's humor section.
- •Host game night with friends.
- Play with a pet.
- Goof around with children.
- •Do something silly.
- Make time for fun activities (e.g. bowling, miniature golfing, karaoke).

Shared laughter is one of the most effective tools for keeping relationships fresh and exciting. All emotional sharing builds strong and lasting relationship bonds, but sharing laughter and play also adds joy, vitality, and resilience. And humor is a powerful and effective way to heal resentments, disagreements, and hurts. Laughter unites people during difficult times.

Most of us have experienced the joy of playing with a furry friend, and pets are a rewarding way to bring more laughter and joy into your life. But did you know that having a pet is good for your mental and physical health? Studies show that pets can protect you from depression, stress, and even heart disease.

Laughter is your birthright, a natural part of life that is innate and inborn. Infants begin smiling during the first weeks of life and laugh out loud within months of being born. Even if you did not grow up in a household where laughter was a common sound, you can learn to laugh at any stage of life.

http://www.helpguide.org/articles/ emotional-health/laughter-is-the-bestmedicine.htm

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POWER IN THE WORD MINISTRY

For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12.

<u>MY MISSION</u>: Reach and encourage others in letting you know that God is able to do the impossible.

<u>MY VISION</u>: Articles to be written in a Book to inspire others.

IT CAN HAPPEN

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b <u>MY MISSION</u>: Use this God-given gift for His glory! <u>MY VISION</u>: Teach others to reach for those God given gifts in them!

On The Web—pitwm.net

DATES TO REMEMBER 2015

Thursday, Feb.14 Valentine's Day

Monday, Jan.19 President's Day



• I submit myself to God who gives more grace to the humble, and He will lift me up.

• Behold, the Lord Jesus Christ has given unto me power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt me.

VOLUME 7, ISSUE 2 Con't: MIRACLES IN THE SEEDS SOWN

the Lord. I know on some days I did not want to go, because it was the day after Sunday where I had labored in that day. But still I rise! And when I begin to plant the seeds of the Word of God in me, He gives me the energy and love to go! When the people can't go to the church, the church is to go to them. When it's all said and done, the miracle in the seed sown, produces great fruit. You know why? It is not only the residents hearing the Word, there are workers there also hear, need, and receive that Word with joy! I see the joy on their faces as they hear the music and the Word going forth. They gather around the walls just to receive miracle seeds to enhance their day. It's like having church on a Monday! God Bless!



- Behold the glory of Jesus Christ (John 17:24).
- Believe that Jesus is the Christ, the Son of God, who came into the world (John 11:27).
- Be transformed into the image of Christ (2 Corinthians 3:18).
- **B**ecome an ambassador for Christ (2 Corinthians 5:20).
- **B**oldly preach the Gospel of Christ to the world (1 Thessalonians 2:2).
- Be a contender for the faith (Jude 1:3).
- **B**uild a Christian foundation for the next generation (Psalm 78:6).

• I cast down vain imaginations and every high thing that exalteth itself against the knowledge of God, and I bring every thought captive to the obedience of the Lord Jesus Christ.

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F	Thorns	Mystery Word—							

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2	Help
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Mystery Word-