

PITWM

PROTECTING
ONE ANOTHER
IN HONOR?

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We all have spiritual gifts and we all need what the other has. We are not independent of the other. God has designed us to be dependent on the other. As a physical body, you need your foot, your hand, and your eyes. If one is not used or missing, the other parts of the body take up the slack. That means the strong parts come in to pull the load. The eye is a very sensitive part of the body, but it is also the weakest part of the body. It is protected by the coving of the eyelid and lashes. Most people do not have 20/20 vision anymore because their vision has become weak. The vision has lost most of its power and therefore the hearing or another part of body, like the hands are pulling the load of what needs to be done to continue the physical body in its function. The strong then protects the weak.

The scripture says, *"For the body is not one member, but many"* 1 Corth.12:14. The

same goes for any member in the body of Christ; we must not ignore or look over any member that is weak; any member that is slothful; any member that is weary. When one is sad and suffers, we all are sad and we suffer what they've lost; when one is glad and prosperous, we all are glad and we prosper in knowing what God has for them can be for us too. There is a need for weak and strong, for we all learn from each other and God is the One who keeps us balanced. Then we won't get any bigger than we should or lower than we should.

When one member is honored, we all should share in that honor with them and not sit back and say they didn't deserve it. Show others how you would want to be honored and the same comes back to you. Well, maybe you don't know how and you haven't asked God. He has plenty of examples in the Bible: Well, the father of the prodigal son knew

how to honor his son who had spent all he had and comes back asking forgiveness, wanting to be a servant, but the father says, *"Bring the best robe..., put a ring on his hand, and shoes on his feet, and bring the fatted calf..., so we can eat and be merry"* Lk.15:22-24. Well, let's take a look at Joseph; he knew how to honor his brothers and his father after revealing who he was



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Con't **PROTECTING ONE ANOTHER IN HONOR?**

to them. And God knew how to honor His Son when He said *"...This is my Beloved Son in whom I am well pleased"* Matt.3:17. And God surely knows how to honor us (His children) when He sends others our way to let us know it is Him who loves us and we shed tears knowing that it was at the right time we needed a word from Him through them.

Do we really know how to honor another member of the body of Christ or is it still all about you and you doing your own thing.

"...there should be no schism (division) in the body; but that the members should have the same care on for another" 1 Corith.12:25. God makes room for your gifts to be used whether it's in your local church or another; it's still one body. *"Many members, yet one body"* 1Corith.12:20. Jesus said *"A prophet is not without honor, save in his own country."* Then it goes on to say, *"And he did not many mighty works there because of their unbelief"* Matt.13:57-58. Now I'm talking to those that have not been bestowed the honor that they have been waiting for; the priceless and thankless tasks you do has not been

gone unnoticed. I thank God for His excellent way of knitting us together because I've found out that if the members at your local church don't know how to honor you, there are many other members God have to show the honor you've been waiting for and they will miss out on the crowns like those of Jesus' hometown missed out on the miracles He was ready to bestow on them. There is a gain and there is a lost in the lessons of life. You show you're best when you put your best forward. You gain the best from those you've pushed forward. You always reap the benefits when you treat others right!
<http://www.webmd.com/allergies/guide/allergies-sinusitis>. God Bless!

TOO BLESSED TO BE STRESSED

Everything went wrong in the day—the washer wouldn't wash, the dryer wouldn't dry, the oven wouldn't stay on; the phone calls kept coming about over-due bills; you failed to do this and that didn't get done and you're about to cry. Well, I tell you, shed those tears and tell God about it. Your mess-ups and mishaps always draw you to Him. Begin to praise your way out of this mess; out of

this stress. Begin to tell God how good He is instead of telling Him your problems. He already knows. I know it says in Phil.4:6 (NIV) *"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."* but it also says in Ps.100:4 *"Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto him and bless His name."* Be-

cause I know it's not about me but about Him, it's good to seek Him first so all the other things will fall into place (Matt.6:33). Then my stress level will quickly leave, and being anxious will not stay with me, but balance will patrol my area of atmosphere! God in his unique way allows things to come our way to let us know we need Him and we need Him NOW! God Bless!

JUST A SIDE NOTE: ON SPEECH

When you talk about the negative, you draw out the negative. When you build up the positive, you draw out the positive.

You can only feed from what you have grown in your own fields and others can only feed on what is har-

vested from your garden of thoughts. So don't grow anything you don't want to eat, and you don't want others to eat! Keep the stuff out of your spirit! Feed on the promises of God; feed on what God has already done in your life; feed on what you want to live and starve what you want to die!

Build up the positive— morning noon, and night, that you may live prosperously. You will see the evidence as the seeds of peace return to you. *"Let no corrupting talk come out of your mouths, but only such as is good for building up..."* Eccl.4:29a

God Bless!

SINUSITIS

Sinusitis is an inflammation, or swelling, of the tissue lining the sinuses. Normally, sinuses are filled with air, but when sinuses become blocked and filled with fluid, germs (bacteria, viruses, and fungi) it can grow and cause an infection.

Conditions that can cause sinus blockage include the common cold, allergic rhinitis (swelling of the lining of the nose), nasal polyps (small growths in the lining of the nose), or a deviated septum (a shift in the nasal cavity).

DIFFERENT TYPES OF SINUSITIS

- **Acute Sinusitis:** A sudden onset of cold-like symptoms such as runny, stuffy nose and facial pain that does not go away after 10 to 14 days. Acute sinusitis typically lasts 4 weeks or less.
- **Sub-Acute Sinusitis:** An inflammation lasting 4 to 8 weeks.
- **Chronic Sinusitis:** A condition characterized by sinus inflammation symptoms lasting 8 weeks or

longer.

- **Recurrent Sinusitis:** Several attacks within a year.

SYMPTOMS OF ACUTE SINUSITIS

- Facial pain/pressure
- Nasal stuffiness
- Nasal discharge
- Loss of smell
- Cough/congestion

Additional Symptoms

- Fever
- Bad breath
- Fatigue
- Dental pain

Acute sinusitis may be diagnosed when a person has two or more symptoms and/or the presence of thick, green, or yellow nasal discharge.

SYMPTOMS OF CHRONIC SINUSITIS

- Facial congestion/fullness
- A nasal obstruction/blockage
- Pus in the nasal cavity
- Fever
- Nasal discharge/discolored postnasal drainage

Additional symptoms of chronic sinusitis may include:

- Headaches
- Bad breath
- Fatigue

- Dental pain

TREATMENT

Acute sinusitis: Your health care provider may recommend treatment with decongestants like Sudafed and steam inhalations alone. Use of nonprescription decongestant nasal drops or sprays may also be effective in controlling symptoms. However, these medicines should not be used beyond their recommended use, usually four to five days, or they may actually increase congestion. If antibiotics are given, they are usually given for 10 to 14 days. With treatment, the symptoms usually disappear and antibiotics are no longer required.

Chronic sinusitis: Warm moist air may alleviate sinus congestion. A vaporizer or inhaling steam from a pan of boiling water (removed from heat) may also help. Warm compresses are useful to relieve pain in the nose and sinuses. Saline nose drops are also safe for home use. Use of nonprescription

Health Awareness Wellness For Life From The Kelsey Korner by Sis. Esther Corners

decongestant nasal drops or sprays might be effective in controlling symptoms, however, they should not be used beyond their recommended use. Antibiotics or oral steroids may also be prescribed.

What Happens If Sinusitis Is Not Treated?

Delaying treatment for sinusitis may result in suffering from unnecessary pain and discomfort. In extremely rare circumstances, untreated sinusitis can lead to meningitis or brain abscess and infection of the bone.

Foods That Hinder and Foods That Help

Foods That Hinder: Sugar, caffeine, and nicotine aggravate sinus infection and should be avoided.

Foods That Help: Broccoli, Tomatoes, Apple Cider Vinegar, Ginger, Blueberries, What Happens Artichokes, Peppermint Oranges, and Spinach. Drink eight glasses of water and juice daily.

"Send thine hand from above rid me, and deliver me out of great waters..."
Psalm 144:7 God Bless!



Father,
Thank
You for

operating in my life to bring me into that level of fruitfulness; of growing into maturity; and demonstrating that You are alive and real in me at all times. I thank

You that I hear and recognize Your voice in the Word; I feel Your peace, and I obey Your instructions. Live in me as I present my body as a living sacrifice, holy and acceptable unto You! Live in me that my body stays

healed and set free from the schemes and tactics of the enemy! I honor You in my life which is my reasonable service. I am not higher than the Potter. I am only the clay to be molded as You would make me. Teach me, for I

am teachable! Cover me when I don't need to be exposed as a Father would do their child. Father, You are Great, and Greatly to be Praised to all that need Your touch upon their dead souls. May they accept You to be free, in Jesus' Name Amen!

POWER IN THE WORD MINISTRY

For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12.

MY MISSION: Reach and encourage others in letting you know that God is able to do the impossible.

MY VISION: Articles to be written in a Book to inspire others.

Quote

"NO PERSON WAS EVER HONORED FOR WHAT HE RECEIVED. HONOR HAS BEEN THE REWARD FOR WHAT HE GAVE."

CALVIN COOLIDGE

Scripture

"And no one takes this honor for himself, but only when called by God, just as Aaron was.." Hebrews 5:4

IT CAN HAPPEN

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b

MY MISSION: Use this God-given gift for His glory!

MY VISION: Teach others to reach for those God given gifts in them!

DATES TO REMEMBER 2013

- August 26 First Day of HISD School
- September 2 Labor Day
- September 8 National Grandparents Day
- September 22 Autumn Begins

BIBLE QUIZ

ON THE WEB
www.pitwm.net

MATCHING 1

- | | |
|-----------------------------------|------------------------------------|
| 1. Ethiopian Eunuch | A. The Road to Damascus |
| 2. Jesus (after the resurrection) | B. The Road to Golgotha |
| 3. Saul | C. The Road to Emmaus |
| 4. Jesus and Simon a Cyrenian | D. The Road from Jerusalem to Gaza |

Early Christians endured a lot more of this than modern-day Christians have.

Clue: M E S S I A H is
J T N N S F V
(Guess the rest)

MATCHING 2

- | | |
|--------------------|-------------------|
| 1. Sarah | A. King Ahasuerus |
| 2. Zipporah | B. Samuel |
| 3. Gilbert | C. Moses |
| 4. Rachel | D. Jacob |
| 5. Potiphar's Wife | E. David |
| 6. Esther | F. Abraham |
| 7. Rebekah | G. Sullivan |
| 8. Michal | H. Joseph |
| 9. Hagar | I. Isaac |
| 10. Hannah | J. Ishmael |

W Q T N N T G F Y T B V X N T
A V X F Y T O T Y N T U Z B T G
E X Y Y S H V B T X Z N P T N N N F R T E X Y
B V T S Y N S N B V T R S P H G X J
X E V T F M T P

L M E A N I N G
M W O R L D L Y
O O C H R I S T
G O D L Y A I E
R Y S S T R F O
A L I A I I V B
C O N P L W E E
E H S U S E J Y

Find The Mystery Answer From The Letters That Are Left

Christ, Godly, Grace, Holy, Jesus, Life, Meaning, Obey, Satan, Sin, Spirit, Wisdom, Worldly

MYSTERY ANSWER: Love

ANSWERS To Finding The Letters:

kingdom of heaven
ness sake for theirs is the
persecuted for righteous-
Blesses are those who are

ANSWERS: MATCHING 1

1. D 2. C 3. A 4. B

ANSWERS: MATCHING 2

1. F 2. C 3. G 4. D 5. H
6. A 7. I 8. E 9. J 10. B