

Editor: Gloria Jean Woodard

*A Good Way Of Thinking*

A **Carrot**, an **egg**, and a cup of **Coffee** you will never look at a cup of coffee the same way again.

A young woman went to her mother and told her about her life and how things were so hard for her. She did not know how she was going to

make it and wanted to give up. She was tired of fighting and struggling. It seemed as one problem was solved, a new one arose.

Her mother took her to the kitchen. She filled three pots with water and placed each on a high fire. Soon the pots came to a boil.

- In the first, she placed carrots,
- in the second, she placed eggs,
- and in the last, she placed ground coffee beans.

She let them sit and boil, without saying a word.

In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in a bowl. Then, she ladled the coffee out and placed it in a bowl. Turning to her daughter, she asked, *'Tell me what you see.'*

Carrots, eggs, and coffee she replied.

Her mother brought her closer and asked her to feel the carrots. She did and noted that they were soft. The mother then asked the daughter to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, the mother asked the daughter to sip the coffee. The daughter smiled as she tasted its rich aroma. The daughter then asked, What does it mean, mother?

Her mother explained that each of these objects had faced the same adversity: boiling water. Each reacted differently.

The **Carrots** went in strong, hard, and unrelenting. However, after being subjected to the boiling water, it softened and became weak. The

**egg** had been fragile. Its thin outer shell had protected its liquid interior, but after sitting through the boiling water, its inside became hardened. The ground **Coffee beans** were unique, however, after they were in the boiling water, they had changed the water.

Which are you? she asked her daughter. When adversity knocks on your door, how do you respond? Are you a carrot, an egg, or a coffee bean?

**Think of this:** When am I? Am I a carrot that seems strong, but with pain and adversity do I wilt and become soft and lose my strength?

Am I an egg that starts with a malleable heart, but changes with the heat? Did I have a fluid spirit, but after a death, a break-up, a financial hardship, or some other trial, have I become hardened and stiff? Does my shell look the same, but on the inside, am I bitter and tough with a stiff spirit and hardened heart?

Or am I like the coffee bean? The bean actually changes the hot water, the very circumstance that brings the pain. When the water gets hot, it releases the fragrance and flavor. If you are like the bean when things are at their worst, you get better and change the situation around you. When the hour is the darkest and trials are their greatest, do you elevate yourself to another level? How do you handle adversity? Are you a carrot,

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P.I.T.W.M. 2015



# HOME REMEDIES FOR BURNING EYES

## COLD COMPRESS FOR BURNING EYES

Applying Cold Compress to the eyes may provide relief from burning or itchy eyes. Soak a cloth in ice cold water and place it over the eyes. Repeat this procedure several times a day. Alternately you can chill chamomile tea bags in the refrigerator for half an hour and place it over the eyes for 10 minutes. Repeat this procedure 3-4 times a day. Chamomile tea leaves contain oils that prevent eye dryness

## ROSEWATER FOR BURNING EYES

Rosewater has soothing properties that refreshes the eyes reducing burning or irritation. It can be used as a eye drop in itself. You can also dip cotton pads in chilled rosewater and place them over the eyes. Rose water will help in lowering the burning by making the eyeball cool.

## CUCUMBER FOR BURNING EYES

Cucumber has anti-irritation properties that help in bringing down inflammation, puffiness, swelling and irritation contributing to itchy eyes. Cut the cucumber into thin slices and chill them in the refrigerator for 15 mins. Take them out and cover the eyes with the slices. Repeat this procedure 4-5 times a day. Cucumber has a high water content and adds moisture to relieve dryness.

## CORIANDER FOR BURNING EYES

Another commonly used remedy for treating burning eyes is coriander tea wash. Boil freshly dried coriander in water. Strain the mixture and allow it to cool. You can either wash the infected eye with this mixture or you may use it as a compress. This is effective home remedy to provide you relief from burning eyes as well reduce pain and swelling.

## ALOEVERA JUICE FOR BURNING EYES

Aloe vera juice can be used both as a compress and eye drop to provide relief from burning eyes. Mix 1/2 tsp of aloe vera juice in a cup of cool boiled water. Use it as an eyedrop. Use it as a compress by soaking a piece of cloth or cotton pad in the juice and thereafter covering the eyes with them.

Cleanse The Eyelids With Warm Wash Cloth Using Mild Soap

## CLEANSE THE EYELIDS HELPS IN BURNING

Often dirt accumulates and holds to the eyelashes which may cause burning sensation in the eyes. Soak a piece of cotton cloth in warm water to which baby shampoo or any other mild soap has been added. Hold this cloth over the eyes for 5 mins and gently rub over the eyelids to loosen the debris.

ALWAYS CONSULT YOUR DOCTOR

## How To Observe Thanksgiving

Count your blessings instead of your crosses. Count your gains instead of your losses.

Count your joys instead of your woes. Count your friends instead of your foes.

Count your smiles instead of your tears. Count your courage instead of your fears.

Count your full years instead of your lean. Count your kind deeds instead of your mean.

Count your health instead of your wealth. Count on God instead of yourself.

Author Unknown

*Happy Thanksgiving!*

*an email*

## Count A Good Way Of Thinking and enough hope to make you happy.

The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way. The brightest future will always be based on a forgotten past; you can't go forward in life until you let go of your past failures and heartaches.

When you were born, you were crying and everyone around you was smiling.

Live your life so at the end, you're the one who is smiling and everyone around you is crying.

To those who have touched your life in one way or another; to those who make you smile when you really need it; to those who make you see the brighter side of things when you are really down; to those whose friendship you appreciate; to those who are so meaningful in your life.

Don't miss out on the opportunity to brighten someone's day with this message!

May we all be COFFEE!!!

*an email*

# Thanking God

The year is almost to a close and **I thank God for 2015**. It has brought many blessings as opposed to any interruption of misfortune. At the very beginning of this year (**January**), God led me (you know He gives us warnings), He led me to write "**It's Time To Pray**." There were spirits already in the atmosphere that needed to be torn down and God needed us to pray. There were many laws on the books that came into existence. We would be hit with circumstances that would need our prayers. Yes, one way was through the signing of petitions that would get rid of some things, but prayer is our strongest defense. I didn't know that my family would be the one that needed that prayer in **February** when our grandson was born with a heart defect and needed an operation on his heart at 6 days old? He was warning me that it was time to pray. Thank you Lord! He came through, for there were many praying for us and on my daughter and her son's behalf. These articles God has given me to write are God-breathed that will help in many years to come. The second article shows that many people carry things around in their hearts which inspired me to write "**Lay It Aside At The Altar**." In our prayer time, pray and leave it at the altar, don't take it back up again as if you had another solution. No, don't be an enemy of God by fighting against God. He knows how to take your burden and close up the gap. In the **February** issue the title was "**Investing Into Others**." That's what my intention is when I present these articles into lives I see and don't see, but God does. And He's the One who's able to prick and touch hearts by His Spirit to receive. There were so many people in February praying, invested their time, their words, even bring meals to nourish us during our grandson in the hospital; even their diligence in coming to the hospital, calling with encouraging words. You

don't know how much that meant. God allowed us to reap the fruit of our labor. Whatever we sow into good ground, has to bring forth good fruit. The second article in that same month, "**Miracles In The Seeds Sown**" causes me to remember that we have to go where the people are. They came to the hospital or our home. Seeds are for spreading and it's not just in one spot. The miracle always comes from God! It is by His Spirit that the seeds are received. So the kinds of soils we plant in will take the nourishing hand of God's Spirit daily. But **March** clearly showed pictures of the God's awesome answer: "**Praying In The Midst Of An Unexpected Gift Of Life**" and the second article was "**Focus**." Our grandson was truly God's gift of life. He came with a fight for life. Our focus was really intense on hearing what to do from God; and how to get through this situation that was so unexpected. I received that word as I looked at how focused my daughter was as she did her breathing during labor; how when the baby came and he began to drink from the bottle— how their eyes were so intently focused upon each other. Looking to Jesus means that we trust Him all the way in every battle. This battle was God's, for there was nothing else we could have done, except pray. I thank God for that word **Focus: Fixed On Christ Under Stress**.

In **April** it was time to "**Celebrate Jesus' Life, Death, and Resurrection by Telling The Story**." His story is why we're here, why His suffering brought the means to the end, and why we should always celebrate Jesus' Life, His Death, His Burial, and His Resurrection. His life is alive in us! Celebrate Him by talking about Him every chance you have. He's done so much for us! In the **May** issue, I presented this awesome worshiper's testimony of William McDowell with the title: "**Trying To Force Something That Don't Fit**." When you're marked for God, you can't go any other way. You can't serve any other God. You will have to "**Step Into Your Place**." God had angels all around him asking him why was he at this party; trying to fit into the college scene of partying. We can't pre-

# Thanking God

tend to be something we're not. Being the real deal for God is a 24/7 lifestyle. Whether it be on your job, the beauty shop, the grocery store, the football game, or anywhere else, you have this God aura around you that the enemy can't touch, can't turn, can't persuade, can't arouse. That's the beauty of being in Christ. Your potential becomes extraordinary because you're in Christ! Believers don't fit in the place God hasn't ordained for them. They stick out. Their anointing comes out. They produce fruit. They step higher and higher. In **June** I asked **"What Is Life All About?"** The simplest things we see in our house when you wake up, we take for granted—the fan, the roof, the window, the clock, the mirror, the calendar, the door, and the floor, but they help us prepare for the day. Now, we can reflect, think, and thank God for those simple things. When we take a look at God's benefits in the Word—Psalm 103, His many blessings forgive, heals, redeems, crowns, satisfies, gives justice, etc. They benefit the soul! I can't help but lift up and thank God for those blessings!

**"What Will We Face Next?"** was the question in **July's** issue. The Emanuel Nine in South Carolina impacted this nation and country. It seems we are still facing racism. Our faith will always be challenged in situations like that. God is in charge of changing the heart. So, whatever we encounter next will bring about a "God moment testimony" that will impact others for God's purpose. Don't run from it, but embrace it! It all comes down to **"It's Your Choice"**—the **August** issue. Our choices should always line up with God's Word, His Spirit, and His Life. He is the Way, Truth and Life. He chose us. We are his marvelous workmanship; we are wonderfully made. However, our choice is to obey by

His Spirit which will include His leading everyday. In **September**—**"A Fervent Prayer For The People"** gave us insight into the priest Ezra who had a sensitive heart, and whose name meant "help." God has led me back to prayer again. Ezra, the priest was accustomed to going before God. Somebody's sin and even our own sin should keep us before God. Sin separates us. Disobedience keeps us divided. But God in His kindness permits us to return by us having a repentant heart. The people Ezra was praying for wouldn't repent and God punished them for their disobedience. His continual intercession on our behalf helps us in ways we don't see. I thank God for loving us so much. May we be fervent in communicating with Him! This was also the time to remember how God brought the people through Hurricane Katrina and through 911; how He united the people together to pray for one another and for America.

And lastly, **October**, I thank God for the article of **"Oh What A Change: The Word Is Living And Effective."** Yes, the Word of God is so powerful that it's able to transform, teach us, ground us, bring life and effect change within and without. The Word was in the beginning and it will be to the end and forevermore—never ending. As we look closer at the Word, the Person of Jesus Christ is represented. He's changed many lives. He suffered to bring change. He died to bring change. And His resurrection even brought a greater change. He couldn't stay dead and neither will we. There is a part of us that will live on into eternity and so will that Word that had changed us for a greater life! To that, I say Thanks be to God and God Bless!

*Thanks To The Readers Of*

**P.I.T.W.M. Newsletter—**

**God Is Good!**

## POWER IN THE WORD MINISTRY

For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12.

**MY MISSION:** Reach and encourage others in letting you know that God is able to do the impossible.

**MY VISION:** Articles to be written in a Book to inspire others.

### IT CAN HAPPEN

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b

**MY MISSION:** Use this God-given gift for His glory!

**MY VISION:** Teach others to reach for those God given gifts in them!

[On The Web—pitwm.net](http://pitwm.net)

### DATES TO REMEMBER 2015

Daylight Saving Time **Nov. 1st**

Election Day **Nov. 3rd**

Veterans Day **Nov. 11th**

Thanksgiving Day **Nov. 26th**

## JESUS' PARABLES BIBLE QUIZ

**1. Why did Christ use parables when teaching? (Matthew 13:13-16)**

- To make His teachings less boring
- To confuse the people that did not believe Him
- To make it easier for the uneducated to understand His teachings
- To hide the meaning of His teachings from those who wouldn't understand

**2. What is a parable?**

- A fictitious story with a moral value
- A song of worship
- A believable story used provide a comparison to an abstract concept
- A story that illustrates a point by providing a contrast to reality

**3. In the parable of the good Samaritan, what was Christ trying to teach? (Luke 10:30-37)**

- That the priests and the Levites had become corrupted
- That each of us is responsible for our actions
- That the Samaritans were not all evil

d. That everyone is our neighbor

**4. In the parable of the good Samaritan, what was the significance of the one who helped being a Samaritan? (John 4:9)**

- The Samaritans were well known as a group of thieves and robbers
- The Samaritans were a class above even the priests
- The Jews hated the Samaritans, and would have no business with them
- The Romans had carried away the Samaritans, and no one believed they would ever return

**5. In the parable of the sower, what did the seeds that fell on the way side represent? (Matthew 13:3-9,18-23)**

- Those that do not understand the word of God
- Those that heard the word, and followed it
- Those that did not have the chance to hear the word
- Those who heard the word and followed it, but shortly afterward fell away

**6. In the parable of the sower, what did the seeds that fell in the stony places represent? (Matthew 13:3-9,18-23)**

- Those that did not have the chance to hear the word
- Those that heard the word, but were caught up by the riches of the world
- Those who would be trampled down by the difficulties in life
- Those who heard the word and followed it, but shortly afterward fell away

**7. In the parable of the sower, what did the seeds that fell in thorny places represent? (Matthew 13:3-9,18-23)**

- Those whose lives were too busy to hear the word
- Those who did not want to hear the word
- Those that heard the word, but were caught up by the riches of the world
- Those who would be trampled down by the difficulties in life

**8. In the parable of the sower, what did the seeds that fell into good ground represent? (Matthew 13:3-9,18-23)**

- Those that heard the word, and followed it
- Those that did not receive the word
- Those who were distracted by the riches of the world
- Those who heard the word and followed it, but shortly afterward fell away

**9. In the parable of the ten virgins, what was Jesus trying to teach? (Matthew 25:1-13)**

- That no one can be ready for when He comes
- That sharing is not correct
- That God does not know us
- That all must be ready for when He comes

**10. In the parable of the ten virgins, what did the unprepared virgins not bring? (Matthew 25:1-13)**

- A present for the bridegroom
- Identification
- Lamps
- Oil for the lamps