



When you believe in



God's Word, you've got to completely stand on His Word! Let's look at what stand means:

- To remain stable, upright, or intact, steadfast, firm, or secure
- To remain valid, effective, or unaltered in a specific condition.
- To remain unchanged; hold steady; remain the same.
- A defensive effort as a soldier

offering resistance to somebody or something.

I really want you to get the idea of the word **STAND**. You know the saying: *'If you don't stand for something, you'll fall for anything.'* Of course, I want to give it an acronym. The one I found was: **SIMPLY TRUST AND NEVER DOUBT**.

However, my acronyms are: **STEADY TILL ANTSY NERVES DISOLVE (or DISAPPEAR)**.

And, **STEADILY TAKING ACTION NEUTRALIZING DOUBT**.

Whichever one that can get you to stand will operate well. If you have a trust issue or if your nerves are wishy-washy, you won't be able to stay steadfast. To stand, you have to steadily take action, by neutralizing doubt.

Do we always have simple trust and never doubting, not really? God wants you to be steady in your belief about Him. The enemy has taken a stand to steal, kill, and destroy God's children and what they believe, by neutralizing God's Word. What you've got to understand is that God's Word never changes, but we have to change, knowing **He** never changes. **Jesus Christ the same yesterday, and today, and forever Heb.13:8**.

I want you to be God's soldiers, standing on His promises. We may be

standing for the salvation of our families. But when we see them not acting right, not even changing, we tend to give up and speak the wrong things out of our mouths. We've all done it. If we don't remember what to say when the enemy throws a monkey wrench in our way, let me tell you, fear comes in. **Moses said unto the people, Fear ye not, stand still, and see the salvation of the Lord, which he will show to you today..Exo.14:13a**

These are not only words to encourage or to motivate you, but this is a command from God—First, Fear Not, then Stand Still. There's that word again "**STAND!**"

Moses had just gotten through hearing from the Israelites— how they should have stayed in Egypt; leave us alone that we may serve the Egyptians (v12). That's how the enemy wants to

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**CON'T: POWER IN THE WORD TO STAND**

bombard our mind with negative thoughts. Moses said in **verse 14** **The Lord shall fight for you, and ye shall hold your peace.** What overcame the enemy like a flood? Well Moses stretch out his hand over the sea with the help of God! The sea had to give way to God's standard. What are we working with? Well, in **Isaiah 59:19b...When the enemy shall come in like a flood, the spirit of the Lord shall lift up a standard against him.** We are working with the Spirit of the Lord who lifts up a standard. The standard that the Spirit lifts is the Word of God that you speak out of your mouth. What did Jesus use when the enemy came in? Each time He used the word of God by saying, "**It is written...**" There is so much Word to say other than "God Help Me!"

Be specific in what you need from God. He has placed a road-map for us to read and come against the enemies in our lives by standing—**STEADILY TAKING ACTION NEUTRALIZING DOUBT.** Doubt can't play a part in our stand for truth. The situation may look bleak; we may feel weak, but somehow, God is fighting our battle while we take the stand using **POWER IN THE WORD!** We can't give up. He said He is strong when we're weak.

- **It is written, I will never leave you nor forsake you Heb.13:5c.**
- **It is written, He gives power to the faint; and to them that have no might he increaseth strength! Is.40:29.**

- **It is written, He hath given me the tongue of the learned, that I should know how to speak a word in season to him that is weary; ...he wakeneth mine ear to hear as the learned Is.50:4.**

How does a wall stand? By laying brick by brick on the foundation which it stands on and it shall be unmovable! Therefore, in your standing for your loved ones, your marriage, your health, your finances, your ministry, your family, your finding a job or whatever is not named here; and no matter how long: **Be ye steadfast, always abounding in the work of the Lord, forasmuch as ye know that your labor is not in vain in the Lord 1Corth.15:58.** The thing is you're going to demonstrate some type of action because the thing that came against your loved one or you, will break you down or make you stronger. It is imperative for you, not to give up.

The job may not manifest readily; the healing may not manifest readily or any of the other things you're praying for. But Stand on the **POWER IN THE WORD.**

- **Quote** the Word so your spirit can lift up a standard against the enemy of despair;
- **Quote** the Word so the enemy of frustration will disappear;
- **Quote** the Word so the enemy of sickness and pain will know that it cannot operate in your body;
- **Quote** the Word so the enemy of defeat and the enemy of turn-

ing back will be a thing of the past.

**Thy Word have I hid in my heart Ps.119:11.** When the Word is hidden in your heart, the Holy Spirit brings it back up to your remembrance to remain stable and to defeat the enemy coming against you.

**Stand** as a soldier having on the whole armor of God; **Stand** knowing God keeps His promises; **Stand** having the Word of God developed in your heart; **Stand** with your focus on the Will of God; **Stand** with praise on your lips; **Stand** knowing that God is looking after the Word you have spoken to perform it; **Stand**

dwelling in God's presence.

When you **Stand**, you are **STEADILY TAKING ACTION NEUTRALIZING DOUBT** because nothing else can

enter in when you're in this action mode of standing. The action you take is to display maturity. **And this [word], Yet once more, signifieth the removing of those things that are shaken, as of things that have been made, that those things which are not shaken may remain Heb.12:27(ASV).** The principle is: when shaken, remain balanced on the things you have learned and seen in the Word, **do!** Because those things that remain in you are immovable. Remain steadfast until Jesus fulfills... Act like what you've asked for, belongs to you; it's your inheritance; it's your life-line; it's your confidence in action!

**God Bless !**

**STEADILY**

**TAKING**

**ACTION**

**NEUTRALIZING**

**DOUBT**

Health Awareness  
Wellness For Life  
From The Kelsey Korner  
by Sis. Esther Corners

# SMOKING

If you're trying to quit smoking, it's not easy. You may have even tried to quit time and time again. It's hard to quit because smoking is an addiction. That's right, **An Addiction!** That means that you have a strong physical and emotional need to smoke.

This need has two parts.

1. **Nicotine** is one part of the addiction which makes you have the need for more cigarettes .
2. **Habit** is the other part of the need to smoke. The brain learns to link smoking with certain places, people, moods, and activities.

### Take this test:

**Check the puff** for every yes answer.

-  Do you tend to smoke within a half hour after you wake up?
-  Do you find it hard not to smoke where smoking isn't allowed?
-  Do you smoke 10 or more cigarettes a day?
-  Do you smoke more during the morning than during the rest of the day?
-  Do you smoke when you are

sick?

The more puffs you've checked, the more you rely on Nicotine!

### HOW QUITTING HELPS YOUR BODY

Smoking harms nearly every organ of the body. It causes many diseases. These include cancers, as well as lung and heart problems. You are healthier the day you quit.

- **Minutes** after you quit smoking, your body starts to respond.
- **20 minutes** after quitting your heart rate drops.
- **24 hours** after quitting carbon monoxide levels in your blood return to normal.

### Carbon monoxide is a poison found in cigarette smoke. DOES THAT SCARE YOU?

- **2-12 weeks** after quitting your chance of heart attack lessen.
- 1 year after quitting, your excess risk of heart disease drops to half that of a smoker.
- **10 years** after quitting, your risk of cancer is lower.
- **5-15 years** after quitting, your stroke risk is that of a non smoker.

### ASK ABOUT MEDICINES

Your doctor or pharmacist can help you choose the best option for you. Medicine can double your chances of quitting. It is not easy to quit smoking, but you can do it!

### FOLLOW THE 5-DAY COUNTDOWN SET AT DATE!

- **5 days** before your quit date: Think about your reasons for quitting. **STOP BUYING CIGARETTES.**
- **4 days** before your quit date: Pay attention to when and why you smoke. Think of habits or routines to change.
- **3 days** before your quit date: Think about what you'll do with the extra money when you stop buying cigarettes.
- **2 days** before your quit date: Buy your stop-smoking aid if you are going to use one.
- **1 day** before your quit date: Put away lighters and ash trays. Throw away all cigarettes and matches.

**QUIT DAY:** Keep busy; stay away from alcohol; give yourself a treat, or do something special.

**Congratulations** you are on your way to being smoke-free!

If you slip and smoke, don't give up because your body will be going through withdrawals. Please don't give up! Set a new date and get back on track.

*Isaiah 40:29 He giveth power to the faint; and to them that have no might he increaseth strength. Amen!*

## PRAYERS

### Prayer of Deliverance From Addictions For The Believer:

Dear Heavenly Father, I ask for forgiveness of this addiction of \_\_\_\_\_. I can't manage this on my own. I need your help! I stand in faith on the authority I have as a believer in Jesus Christ, and a co-heir to Your kingdom. Your Word says that Satan has come down with great wrath but I know Lord that You are the only answer against him. In the name of Jesus Christ, I bind every evil spirit and every evil plan the enemy has planned to keep me in this addiction. Lord, Your Word says that You have plans for good and not evil (Jeremiah 29:11) for me and I claim Your plan for my life right

now. You have given me all authority through Jesus Christ to execute this judgment on the forces of Satan (Psalm 149:5-9). Your Word says that the adversaries of the Lord shall be broken in pieces in Your perfect timing, and will bring salvation, restoration, and healing to me (Samuel 2:10). Lord, with each new day, help me to be strong and to continue to trust you. May my heart be honest to see my true situation and find strength in Your goodness and guidance. I declare a release from this addiction and receive my renewed joy in living from this day forward (Psalms 21:1-3). Let me not be ashamed, for I put my trust in You! Cleanse my mind of all darkness and fill it with love and light. Almighty God, You sent Jesus to set

the captives free (Isaiah 61). I don't want to be held captive to this addiction. I know Your power and I know Your might. I ask that You deliver me from all addictions and bondages that has kept me from being and doing my best. I want to be better than I am right now. Help me to arm myself with strength and hope (Ephesians 6:). Help those around me to give me sound and godly advice that I can follow. I believe in miracles and according to Your Word in Psalms 149:5-9 because You are my Deliver, Heavenly Father, I ask that You send your angelic warriors to drive back this stronghold of addiction, In Jesus' Name. To God be the Glory, I pray, **Amen!**

*Continue to pray for your release!*

## PRAYER TO STAND

I am so grateful Father that you are at work in me and in my situation to break old patterns of thought and action. I thank You that You are showing me how to stand on Your Word and on Your Promises. You are able to untangle all the snares and traps set for me so I can go forward. I thank You that You use other people to counsel and help me grow toward You. You are my source who can meet my deepest need and I'm grateful!

I **decree and declare** a prayer shield, to form a hedge of protection all around me as I surrender to you

Lord. I **cast** down every feeling of heaviness that tries to come upon me, for it shall not work because no weapon formed against me shall prosper. I **resist** the wiles of the devil so that my understanding and my mind will be the mind of Christ Jesus! I **decree and declare** that the Spirit of the Lord is upon me giving me wisdom to frustrate the enemy because I will not turn back or be moved! I sought the Lord and He heard me and delivered me from all my fears! The enemy will fall into the very destruction they have set for me. I **declare** that every lying tongue is wrong and that truth prevails! Now Father, you have given

me a great work to accomplish and I war for the release of what was prepared for me before the foundation of the world!

I **stand** in Your righteousness for You made me righteous when I accepted You as Lord and Savior! I **stand** that I am an heir of God and a joint-heir of Jesus Christ. I may have to suffer while I stand but I will be glorified with You Lord Hallelujah! I **stand** with expectancy for my help cometh from You. When I call, You will answer and show me great and mighty things, for You are completing everything You have begun in me. Praise God! In Jesus' Name, **Amen!**

**POWER IN THE WORD MINISTRY**

For the Word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12

**MY MISSION:** Reach and encourage others in letting you know that God is able to do the impossible.

**MY VISION:** Articles to be written in a Book to inspire others.

**IT CAN HAPPEN**

How much more shall your Father which is in heaven, give good things to them that ask him? Matthew 7:11b

**SCRIPTURES ON STANDING**

1ST WEEK	2ND WEEK	3RD WEEK	4TH WEEK
<p><b>S</b>tand therefore, having your loins girt about with truth...</p> <p><b>Ephesians 6:14a</b></p>	<p><b>S</b>tand fast therefore in the liberty where-with Christ hath made us free...</p> <p><b>Galatians 5:1a</b></p>	<p><b>I</b> have set the Lord always before me: because he is at my right hand, I shall not be moved.</p> <p><b>Psalms 16:8</b></p>	<p><b>B</b>ut Christ as a son over his own house; whose house are we, if we hold fast the confidence and the rejoicing of the hope firm unto the end.</p> <p><b>Hebrews 3:6</b></p>



Meditate on these for 30 days. Get them into your heart.

"Two things stand like stone, Kindness in another's trouble, Courage in your own."  
Adam Lindsay Gordon

Website [pitwm.net](http://pitwm.net)

Dates to Remember - October 2011

Breast Cancer Awareness Month

October 10 Columbus Day

**MY MISSION:** Use the God-given gift for His glory!

**MY VISION:** Teach others to reach for those God-given gifts in them!

- RAINM      ○○○\_○○
- TONECDN    \_\_\_\_\_○
- GEAROCU    \_\_\_\_○\_\_\_\_
- NADMOCM    \_○\_\_\_\_○
- TUCNEION    \_○\_\_\_\_\_
- EVTERNF    ○\_\_\_\_\_
- TRITAWN    ○\_\_\_\_\_
- RASHEERE    ○\_\_\_\_\_
- SGATAIN    ○\_\_\_\_\_○
- YLDOB      \_\_\_\_\_○
- BESTULOSD    \_\_○\_○\_\_\_\_\_
- DAEBI      ○\_\_\_\_\_
- RUDENE      \_\_\_\_\_○
- LVEIBEE      \_\_\_\_\_○
- TNDAS      ○○○○○
- AGRNINME    \_\_\_\_\_○○○
- SAFESTDT    \_\_\_\_\_○
- ROSBE      \_○\_○
- EHSCOO      \_○\_\_\_\_\_
- VPELRAI      \_\_\_\_\_○
- KPESA      ○\_\_\_\_\_
- OSDRW      ○\_\_\_\_\_
- OTSDO      \_\_\_\_○\_\_
- TREUT      \_\_\_\_\_○
- CRADLEE      ○\_\_\_\_\_

**BIBLE QUIZ STAND FIRM 1Pt.5:8-11**

T	K	T	A	N	O	I	N	I	M	O	D	P	E	T
S	N	S	U	F	F	E	R	E	D	E	L	I	H	W
I	O	A	E	R	F	E	S	G	H	T	I	A	F	A
R	W	F	L	Y	S	L	S	S	R	T	H	E	Y	A
H	I	D	A	I	H	S	I	L	B	A	T	S	M	R
C	N	E	S	E	G	L	A	C	A	S	C	E	H	O
H	G	T	L	L	P	I	D	Y	T	N	N	E	J	A
T	T	S	O	M	D	E	V	R	N	I	G	K	E	I
E	O	R	O	E	L	N	E	E	U	N	O	I	S	A
K	Y	C	V	L	N	N	R	T	I	O	T	N	U	D
L	C	I	A	T	G	H	S	R	E	W	V	G	S	H
A	L	C	W	T	T	A	A	P	E	R	F	E	C	T
W	I	H	H	E	W	O	R	L	D	B	N	T	D	K
I	O	E	R	S	R	N	Y	D	O	F	O	A	P	E
M	N	B	E	C	A	U	S	E	O	P	L	S	L	E

THE LETTERS YOU DIDN'T CIRCLE ABOVE SPELL OUT THE SECRET MESSAGE

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour; whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you. To him be glory and dominion for ever and ever. Amen.

ANSWER TO SECRET MESSAGE Peculiar (1Pt.2:9)

Peter says they are a holy nation and what kind of people?

SECRET MESSAGE Remind God Of What You Are Standing For—His Word

Steadfast; Sober; Choose; Prevail; Speak; Sword; Stand; Utter; Declare  
Against; Boldly; Doubtless; Abide Endure; Believe; Stand; Remaining;  
Remain; Contend ; Courage; ; Command; Continue; Fervent; Rehearse;